## Sonora ISD Student Health Advisory Council

## Regular Meeting September 21, 2022 Minutes

## In Attendance:

Scott Gaskill
Chelsea Blackbird
Jill Hazelton
Dani Dillard
Stephanie Richey
Pennie Litterell
Brittany Welborn
Christina Ramirez

## Minutes:

- 1. Agenda posted at the Administration building and our meeting was recorded and will be posted on the website.
- 2. Introductions were made, and the Vison Statement and the Mission Statement were reviewed.
- 3. Scheduled the Walk to School Day for September 23<sup>rd</sup> for students and families in order to promote the importance of daily exercise.
- 4. Reviewed Wellness Policy and discussed the Triennial Assessment that is required to be filled out this year. We will continue to review the Wellness Policy and do the Assessment during the SHAC meetings.
- 5. We are planning to have another "Turkey Trot" as it was a huge success. Date to be determined.
- 6. We will be having a Blood Drive on October 13<sup>th</sup> from 10:00am-3:00pm sponsored by the CNA class.
- 7. Health and Wellness film "Always Changing" will be given to 4<sup>th</sup> grade to discuss hygiene and puberty.
- 8. Open Forum—no concerns at this time
- 9. Next meeting set for December 7, 2022
- 10. Adjournment